



SERRE.

Afternoon tea

“A tea meeting should always be treasured because it is a unique occasion, one that can never be reproduced.”

– Sen no Rikyu

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Afternoon tea

A tradition invented by Anna Maria Russell, the 7th Duchess of Bedford around 1840, who as a lifelong friend of Queen Victoria. The Duchess was becoming hungry in the long gap between an early lunch and a late dinner, therefore she asked for some tea, bread, butter and cakes to be brought to her room. This was such a success that she started to invite friends to join her, this was also picked up by Queen Victoria who loved the idea. Queen Victoria a keen tea drinker herself started organizing 'garden parties' at Buckingham Palace for the higher social class to socialize and enjoy a nice cup of tea with the afternoon treats.

While the name Afternoon tea comes from the English royal courts, tea ceremonies have been held in Japan as early as the 16th Century. This was done in a Japanese form whereby a holistic approach was taken much of this down to Sen no Rikyu, the food was in the style of a Kaiseki menu (a traditional Japanese tasting menu), the room a simple tatami room, seasonal flowers and beautiful calligraphy. Sen no Rikyu, through his tea ceremonies became one of the most important men in Japan in the 16th century, his descendants established 3 schools where the Japanese tea culture is thought to this day.

At Serre we take inspiration from our Japanese heritage, local surroundings and the finest ingredients to create afternoon dishes and for our tea selection we work with JING, who help us curate our tea list.

Royal afternoon tea | 69

- Cuvée Okura, sparkling wine
- Serre's savoury selection
- Scones & cream
- Sweet selection
- Your choice of tea and coffee

Afternoon tea | 55

- Serre's savoury selection
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Serre's savoury selection

Seasonal soup

Steamed bun

Short rib & five-spice

Okonomiyaki gamba

Hispi cabbage & bonito flakes

Hiyashichuka

Cold ramen, wakame & soya-sesam

Scones

Vanilla scone

Clotted cream & peach-lemon thyme jam

Savoury scone

Parmesan & sundried tomato

Sweet selection

Summer Strawberry

Strawberry

Ying & Yang

Sesame, yuzu & yoghurt

Macaron

64% cacao origine Belize

Tahitian flower

Tahiti vanilla & mandarin

Rhubarb-verbena choux

Rhubarb, verbena & Opalys ganache